



Caregiver Bootcamp

Join Us for a Free Saturday Morning Caregiving Training Event!

Insight invites you to a free training event designed to support and empower caregivers. Whether you're new to caregiving or have years of experience, this morning of expert-led sessions will provide valuable tools, strategies, and resources to help you navigate the caregiving journey, especially when caring for someone with dementia.



Event Schedule

Saturday, September 27th - 9:00AM - 12:00PM



8:30 AM - 9:00 AM

Check-In



9:00 AM - 10:00 AM

Making the Most of Every Neurologist Visit

*Dr. Jennifer Pauldurai, MD,
Cognitive Neurologist at Inova*



10:00 AM - 11:00 AM

Dementia and Your Money: How to Prepare for What's Ahead

*Arvette M. Reid, AIF®, Healthcare
Planning Strategist at Signature
Estate & Investment Advisors*



11:00 AM - 12:00 PM

Change Is Hard: Helping Someone with Dementia Through Transitions

*Jennifer M. Denk, LCSW, CDP,
DCCS, CDSGF, Owner/Clinician at
CareWell Counseling Services,
PLLC*



Respite care is available.

Email lindsey.vajpeyi@insightmcc.org
by September 12 to request respite.

Free registration online or scan the QR code!

<https://insightmemory.app.neoncrm.com/np/clients/insightmemory/eventRegistration.jsp?event=2775&>



SCAN HERE



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