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Recognizing the 40th Anniversary of Insight Memory Care Center

HON. GERALD E. CONNOLLY
OF VIRGINIA

MR. CONNOLLY: Mr. Speaker, I rise to congratulate Insight Memory Care Center (IMCC) of Fairfax, Virginia on its 40th Anniversary, and to acknowledge the exceptional work this nonprofit organization has done in supporting individuals with memory-related impairments, as well as providing education and resources to their families.

Founded in 1984 as the Alzheimer's Family Day Center, IMCC was created to serve those who were overlooked by existing community services, particularly individuals in the middle to late stages of dementia and those facing behavioral challenges. The recent name change reflects its expanded mission, as IMCC offers a wide range of services beyond just Alzheimer's care.

Starting as an adult day health center with only three participants, IMCC eventually grew from a church basement to a spacious 15,000 square foot facility in 2015 that now serves over 50 individuals each day. In January 2022, IMCC marked a significant milestone by opening its second location, an Early-Stage Center in Sterling, Virginia. It is currently the only dementia-specific day center in the DC metro area and the sole adult day health center in Northern Virginia offering specialized programs for those in the later stages of Alzheimer's disease. IMCC envisions a community where individuals with memory impairments can enjoy a high quality of life, while their families and caregivers receive essential counseling, education, and support.

IMCC's innovative educational and support initiatives include caregiver classes, community trainings, professional seminars, support groups, individual consultations, and home visits. These programs empower family members to be effective caregivers and foster greater awareness and understanding of dementia within the community. I would like to express my gratitude to Executive Director Anita Irvin and the dedicated staff, whose diverse skills and backgrounds have positively impacted over 1,500 individuals and countless families with their services.

IMCC's outstanding efforts have earned it well-deserved recognition, including multiple accolades as one of the "Best Small Charities in the Washington Region" by the Catalogue for Philanthropy, and the title of Adult Day Center of the Year from the National Adult Day Services Association. IMCC exemplifies a leading organization that's highlighted the urgent need for our nation to increase investments in Alzheimer's and dementia care, treatment, and services. Their impactful work serves as a compelling reminder of the positive difference we can make when we prioritize this critical issue.

Mr. Speaker, I ask my colleagues to join me in congratulating IMCC on 40 years of impactful service and in thanking its staff, volunteers, and supporters for their unwavering commitment to our community.



A handwritten signature in black ink, appearing to read "Gerald E. Connolly".