


# all fun and games!

Celebrate **40** Years of Insight this Summer!

**Insight Bingo! Check off 5 boxes in a row - either vertically, horizontally, or diagonally - and you win!**

*Bring your completed card to Insight's 40th Anniversary Celebration on July 18th to claim your prize.*

Make a \$40 donation <a href="https://InsightMCC.org/donate">InsightMCC.org/donate</a>	Sign up for Insight's emails <a href="https://InsightMCC.org/email">InsightMCC.org/email</a>	RSVP for the 40th Celebration July 18th! <a href="https://InsightMCC.org/40">InsightMCC.org/40</a>	Follow us on Instagram <a href="https://Instagram.com/insightmemorycarecenter">Instagram.com/insightmemorycarecenter</a>	Read a blog article <a href="https://InsightMCC.org/blog">InsightMCC.org/blog</a>
Get a memory screening <a href="https://InsightMCC.org/events">InsightMCC.org/events</a>	Refer someone to the SHARE program <a href="https://InsightMCC.org/SHARE">InsightMCC.org/SHARE</a>	Run a Facebook fundraiser for Insight <a href="https://Facebook.com/InsightMCC">Facebook.com/InsightMCC</a>	Watch a webinar <a href="https://InsightMCC.org/webinars">InsightMCC.org/webinars</a>	Attend Insight in Action <a href="https://InsightMCC.org/events">InsightMCC.org/events</a>
Attend a class in-person <a href="https://InsightMCC.org/events">InsightMCC.org/events</a>	Set up a monthly donation <a href="https://InsightMCC.org/donate">InsightMCC.org/donate</a>	 Celebrate Insight!	Volunteer at Insight <a href="https://InsightMCC.org/get-involved">InsightMCC.org/get-involved</a>	Share a LinkedIn post <a href="https://LinkedIn.com/company/InsightMCC">LinkedIn.com/company/InsightMCC</a>
Write a Google review for Insight	Sign up for self-paced learning class <a href="https://InsightMCC.org/events">InsightMCC.org/events</a>	Attend a support group <a href="https://InsightMCC.org/support">InsightMCC.org/support</a>	Attend meditation <a href="https://InsightMCC.org/events">InsightMCC.org/events</a>	Make a donation in honor of someone <a href="https://InsightMCC.org/donate">InsightMCC.org/donate</a>
Go to a memory cafe <a href="https://InsightMCC.org/events">InsightMCC.org/events</a>	Tell a friend about Insight	Read a chapter of Caregiving at a Glance <a href="https://InsightMCC.org/CAG">InsightMCC.org/CAG</a>	Sponsor the Paintings & Pairings Gala <a href="https://InsightMCC.org/gala">InsightMCC.org/gala</a>	Attend an education program online <a href="https://InsightMCC.org/events">InsightMCC.org/events</a>



**Insight Memory Care Center** provides specialized day programs for individuals in all stages of memory impairment, support for care partners, and education and engagement opportunities for all.

**Questions?** Contact us at [imcc@insightmcc.org](mailto:imcc@insightmcc.org) or call 703-204-4664.