

ORANGE ROOM | JANUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Activity Domain Key</p> <ul style="list-style-type: none"> Physical (P) Social (S) Cognitive (C) Creative (CR) Productive Sensory (SE) Outdoor (O) Nature (N) Reflective (R) 	 <p>Jim A 1.4 Steve A 1.4 Dick M 1.13 Dot 1.17 Tom C 1.17 Fidel 1.20 Nancy 1.27</p>	<p>IMCC CLOSED</p> 	<p>1</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 10:45 Name That Car Logo (C) 11:00 Snack & Social (S) 11:15 Florida or California Trivia (C) 11:30 Musical Spotlight: Johnny Cash (S) 12:00 Bumper Bowling w Phillis (P) 12:30 Lunch (S) 1:15 Aroma Garden Arrangements (CR) 2:15 Sit & Stretch Chair Exercise (P) 2:30 Active Stations & Table Games (C) 3:00 Afternoon Music & Snack Social (S) 3:15 Best of AFV Videos (S) 4:00 Pictionary (C) (CR) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>2</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 10:45 Can You Picture This (S) 11:00 Snack & Social (S) 11:15 Watercolor Snowflakes (CR) 2:00 Music & Movement (S)(P) 2:30 Active Stations (S) (C) (CR) 3:00 Afternoon Music & Snack Social (S) 3:15 Give Me 5 Game (S) 4:00 Prize BINGO (S) 4:30 1:1 Activities (S) (C) (CR)</p>
<p>6</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 10:45 I Spy Board (C) 11:00 Snack & Social (S) 11:15 Famous Faces & Funny Clips (S)(C) 11:30 Reminiscing on Winter Sports (R) 12:00 Hockey Circle (P) 12:30 Lunch (S) 1:15 Personalized Keepsakes w Lorece (CR) 2:00 Balloon Volleyball (P) 2:15 Active Stations (S)(C)(CR) 3:00 Afternoon Music & Snack Social (S) 3:15 Would You Rather...? (S) 4:00 Best Clips of Classic TV (S) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>7</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 10:45 Musical Spotlight (S) 11:00 Snack & Social (S) 11:15 Get to Know You Ball Toss (P)(S) 11:30 I Spy Board w Rita (C) 12:00 This or That: NYC Edition w Muriel (C) 12:30 Lunch (S) 1:15 Classic Comics & Cartoons (S) 2:15 Sit & Stretch Chair Exercise (P) 2:30 Drum Circle w/ Sarkis (P)(SE) 3:00 Afternoon Music & Snack Social (S) 3:15 True or False Historical Moments (C) 4:00 Combined Putt-Putt (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>8</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Piano Jams w/ Roberta (SE) 11:00 Snack & Social (S) 11:15 Chair Exercise (P) 11:30 Brain Game (C) 12:00 Words in Common (C) 12:30 Lunch (S) 1:15 Music Spotlight w Sandy (S) 2:00 Sit & Stretch Fitness (P) 2:30 Active Stations & Table Games (C) 3:00 Afternoon Music & Snack Social (S) 3:15 Conversation Cards (S) 4:00 Combined Corn Hole (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>9</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 10:45 Balloon Volley (P) 11:00 Snack & Social (S) 11:15 Give Me Five (C) 11:30 Color Categories Quiz (C) 12:00 Moving Through the Decades (P) 12:30 Lunch (S) 1:15 Music & Movement (P) 2:00 Table Bowling w Jim (P) 2:30 Wishing on a Star Craft (CR) Music & Snack Social (S) 3:15 Best of Broadway w/ Silvia (S) 4:00 Combined Corn Hole (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>10</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 10:45 Can You Picture This (S) 11:00 Snack & Social (S) 11:15 Songs w Winter Themes (S) 11:30 Song Title Word Puzzle (C) 12:00 USA Trivia (C) 12:30 Lunch (S) 1:15 Snowflake Sun Catchers w Barbara (CR) 1:30 Sit and Stretch Fitness (P) 2:00 Discuss & Recall: Family Time w Carolin (R) 2:30 Active Stations & Table Games (C) 3:00 Afternoon Music & Snack Social (S) 3:15 Target Golf & Trivia (P) 4:00 AFV Clips (S) 4:30 1:1 Activities (S) (C) (CR)</p>
<p>13</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Violin Tunes w/ Anthony (SE) 11:00 Snack & Social (S) 11:15 Chair Exercise (P) 11:30 Brain Game (C) 12:00 Is the Price Right Game (S) 12:30 Lunch (S) 1:15 Music & Movement (P)(SE) 2:15 Reminiscing: Winter Activities (R)(O) 2:30 Making Snow Cones (SE) 3:00 Afternoon Music & Snack Social (S) 3:15 Guess the Mystery Item (S) 4:00 Combined Noodle Hockey (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>14</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 11:00 Snack & Social (S) 11:15 Virtual Travel: Guangzhou w Renee (S) 12:00 Music Circle (P)(SE) 12:30 Lunch (S) 1:15 Movement & Music (P) 2:00 Legendary Concerts w Joan (S) 2:30 Calming Coloring w Loretta (CR) 3:00 Afternoon Music & Snack Social (S) 3:15 Chair Yoga (P) 4:00 Combined Corn Hole (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>15</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 11:00 Snack & Social (S) 11:15 Chair Exercise (P) 12:00 Brain Games (C) 12:30 Lunch (S) 1:15 Popular Artist of Latin America (S) 2:00 Music & Movement w Silvia (P) 2:30 Active Stations (S) (C) 3:00 Afternoon Music & Snack Social (S) 3:15 Our Favorite Things (C) 4:00 Ballon Badminton (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>16</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 11:00 Snack & Social (S) 11:15 Hilarious Comedy Legends w Jim (S) 11:45 World's Worst Dad Jokes (S) 12:30 Lunch (S) 1:15 Tabletop Games w/ Barbara (S) (C) 2:00 Bean Bag Toss (P) 2:30 Dart Throwing Competition (P) 3:00 Afternoon Music & Snack Social (S) 3:15 Let's Reminiscence Questions (S) 4:00 Combined Noodle Hockey (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>17</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 11:00 Snack & Social (S) 11:15 Roll n Rhyme Dice Game (S) 11:30 Finish the Expression (C) 12:00 TV Trivia (C) 12:30 Lunch (S) 1:15 Dancing Through the Decades (S) (C) 2:00 Music & Movement (P) 2:30 Shake It Up Fitness: Ice Cream (P) 3:00 Afternoon Music & Snack Social (S) 3:15 Duck Duck Moose Memory Quiz (C) 4:00 Combined Parachute (P) 4:30 1:1 Activities (S) (C) (CR)</p>
<p>20</p> <p>IMCC CLOSED</p> 	<p>21</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 11:00 Snack & Social (S) 11:15 Armchair Travel Maine w Rita (S) 12:00 Maine Coloring Pages & Puzzles (C) 12:30 Lunch (S) 1:15 Slapstick Comedy Legends (S) 2:15 Echoes of Nature Animal Showcase (SE) 3:00 Afternoon Music & Snack Social (S) 4:00 Iconic Moment in Entertainment (S) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>22</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 11:00 Snack & Social (S) 11:15 Road Trip the USA w Jon (S) 12:00 What to Pack Visual Quiz (C) 12:30 Lunch (S) 1:15 Mystery Object Guessing Game (C) 2:00 Art Styles Discussion: Monochrome (S) 2:30 Inspired Artwork (CR) 3:00 Afternoon Music & Snack Social (S) 3:15 Roll & Rhyme Dice (S) 4:00 Candy BINGO (S) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>23</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 10:45 Get to Know You Ball Toss (S) 11:00 Snack & Social (S) 11:15 Hot Coco & Conversation (S) 11:30 Armchair Travel: Rome (S) 12:00 Can You Picture This? (S) 12:30 Lunch (S) 1:15 States & Capitals Matching (C) 1:30 Sit & Stretch Fitness (P) 2:00 Junk Drawer Detective (S) 2:30 Active Stations (S) (C) 3:00 Afternoon Music & Snack Social (S) 3:15 Combined Timeslip Storytellers (CR) 4:00 Combined Free Rice Trivia (C) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>24</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 10:45 Sing Along Favorites (SE) 11:00 Snack & Social (S) 11:15 Close Up Nature Quiz (C)(N)(O) 11:30 Picture This Story Telling (S) 12:00 Noodle Balloons w (P) 12:30 Lunch (S) 1:15 Armchair Travel: Florida Keys (S) 2:00 Fresh Squeezed OJ (SE) 2:30 Music & Movement (P) 3:00 Afternoon Music & Snack Social (S) 3:15 Give Me 5 (C) 4:00 Combined Parachute (P) 4:30 1:1 Activities (S) (C) (CR)</p>
<p>27</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 10:45 Who Am I Visual Quiz (C) 11:00 Snack & Social (S) 11:15 Target Toss w/ Jim (P) 11:30 Picture a Word Game (C) 12:00 Aromatherapy: Nature (N)(SE)(O) 12:30 Lunch (S) 1:15 Armchair Travel: Bolivia w Tom (S) 2:15 Bolivian Cuisine Tasting (SE) 2:30 Active Stations (S) (CR) (SE) 3:00 Afternoon Music & Snack Social (S) 3:15 Snowball Target Toss (P) 4:00 Combined Noodle Hockey (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>28</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 11:00 Snack & Social (S) 11:15 What Does It Do: Object Quiz (C) 12:00 Poetry Workshop (SE) 12:30 Lunch (S) 1:15 Popular Fashion through the Years (S) 2:00 Tea Cards Craft (CR) 2:30 Savor the Flavor Tea Tasting (SE) 3:00 Afternoon Music & Snack Social (S) 3:15 Patriotic Song Sing a Long (S) 4:00 Golden Era TV Clips (S) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>29</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 11:00 Snack & Social (S) 11:15 Roll & Rhyme Game (C) 12:00 Bizarre World Records (S) 12:30 Lunch (S) 1:15 Traveling to Cold Climates (S) 2:00 Watercolor Winter Scenes (CR) 2:30 Chair Yoga (P) 3:00 Afternoon Music & Snack Social (S) 3:15 Fill In the Blank Phrases (S) 4:00 BINGO (S) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>30</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 11:00 Snack & Social (S) 11:15 East or West Landmark Quiz (C) 12:00 Abba's Greatest Hits w Donna (R) 12:30 Lunch (S) 1:15 Music Circle (S)(P) 2:00 Quirke Pattern Sorting (C) 2:30 Encouraging Words Coloring Pages (CR) 3:00 Afternoon Music & Snack Social (S) 3:15 Bumper Bowling (P) 4:00 Slap Shot Hockey Practice (P) 4:30 1:1 Activities (S) (C) (CR)</p>	<p>31</p> <p>7:30 Music Reflections (SE) 8:00 Coffee & Chat (S) 8:30 Current Events Discussion (C) 9:00 Group Brain Games (C) 9:30 Music Selections & Puzzles (SE) (C) 10:00 Greetings & Sing A Long (S) 10:15 Chair Exercise (P) 10:30 Brain Game (C) 11:00 Snack & Social (S) 11:15 Spotlight: Fleetwood Mac (S) 12:00 Target Toss (P) 12:30 Lunch (S) 1:15 Poetry Workshop: Cozy Weather (CR) 2:00 Hot Coco & Photo Recap (S) 2:30 Target Putt-Putt Practice (P) 3:00 Afternoon Music & Snack Social (S) 3:15 Would You Rather (S) 4:00 Armchair Travel (S) 4:30 1:1 Activities (S) (C) (CR)</p>